

# PAUSE BEFORE YOU PUSH



Take a moment to evaluate what you share online  
before you share it.

## ASK YOURSELF:



Is it **TRUE**?



Is it **KIND**?



Is it **SAFE**?



Could it **HURT** me or someone else?

Once you share it, you may not be able to take it back.



**HAILEY'S ARMY FOR CHILDREN**

Protecting children. Defending their future.

[haileysarmyforchildren.org](http://haileysarmyforchildren.org)